

Autumn / Winter 2024/2025 – Week One

Dates: 4TH NOV, 25TH NOV, 16TH DEC, 6TH JAN, JAN, 27TH, FEB, 10TH FEB, 3RD MAR, 24TH MAR

Available Daily: Pick & Mix Selection, Fresh Bread • Fresh Fruit & Yoghurt



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WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Pork Sausage Roll with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Beef Pasta Bolognese & Garlic Bread 	MSC Fish Fingers & Chips
Main Meal Option 2	Biryani Vegetable	Macaroni Cheese	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Plant-based Pasta Bolognese with Garlic Bread 	Cheese Flan & Chips
Vegetarian Option 2 (as an alternative to Option 2)	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese and Beans	Pasta with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese and Beans
Vegetables	Broccoli/Cauliflower & Carrots, Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Broccoli, Carrots & Cauliflower Sweetcorn 	Baked Beans British Red Tractor Garden Peas
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Dessert	Yoghurt and Fruit	Chocolate Mousse and Orange Smiles 	'Hidden Fruit 'Chocolate, (Beetroot & Pear) Brownie	Fruity Strawberry Jelly or Mandarin Segments	Vanilla & Cherry Cookie

Portion(s) of fruit or veg

Source of wholegrain

Contains plant-based proteins

50% fruit

Oily fish

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.














Autumn / Winter 2024/2025 – Week Two

Dates: 11TH NOV, 2ND DEC, 23RD DEC, 13TH JAN, 3RD FEB, 17TH FEB, 10TH MAR, 31ST MAR

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese & Tomato Pizza with Tomato Pasta Salad 	Red Tractor Pork/Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Garlic & Tomato Chicken Pasta 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese Pasta Bake	Plant Based Sausage with Mashed Potatoes & Gravy 	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Garlic & Tomato Vegetable Pasta 	Crispy Vegetable Fingers & Chips
Vegetarian Option 2 (as an alternative to Option 2)	Jacket Potato with Cheese and Beans	Tomato Pasta	Cheese Pasta with	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese and Beans
Vegetables	Baked Beans or British Red Tractor Garden Peas 	Broccoli/Cauliflower & Carrots 	Broccoli/Cauliflower & Carrots, Sweetcorn 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Dessert	Yoghurt and Fruit	Iced Carrot Cake Or Orange Slices 	Chocolate cake with Chocolate Sauce	Toffee Cream Tart	Chocolate Oaty Slice

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

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Autumn / Winter 2024/2025 – Week Three

Dates: 18TH NOV, 9TH DEC, 30TH DEC, 20TH JAN, 10TH FEB, 24TH FEB, 17TH MAR, 7TH APR.

Available Daily: Pick & Mix Selection, Fresh Bread, Fresh Fruit & Yoghurt

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Macaroni Cheese	Beef Lasagne with Garlic Bread 	Roast Chicken with Gravy, Yorkshire pudding & Roast Potatoes 0	Beef Mince With Rice	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese & Tomato Pizza & Small Tomato Pasta Salad 	Vegetable Lasagne with Garlic Bread 	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Meatballs, Tomato Sauce & Rice 	Cheese & Onion Pastry Roll & Chips
Vegetarian Option 2 (as an alternative to Option 2)	Jacket Potato with Cheese and Beans	Jacket Potato with Cheese and Beans	Cheese Pasta with	Pasta Tomato	Jacket Potato with Cheese and Beans
Vegetables	Broccoli/Cauliflower & Carrots & Sweetcorn 	Sweetcorn & Carrots 	Broccoli/Cauliflower & Carrots 	Baked Beans, British Red Tractor Garden Peas 	Baked Beans, British Red Tractor Garden Peas 
Sandwiches	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
Dessert	Yoghurt and Fruit	Lemon Drizzle Cake 	Chocolate Crunch	Strawberry Mousse	Chocolate Cookie Or Orange Wedges 

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

